

Name: \_\_\_\_\_

# EQ Leadership Evaluation

Please answer these questions about how your EQ awareness and skills changed today.  
How true is each statement before and after this course?

(1=not at all true, 10=totally true)

Before	Statement	After
	I am convinced emotional intelligence affects performance.	
	I have a strong understanding of EQ.	
	I am clear about my own emotional intelligence strengths.	
	I have a range of tools for practicing and developing EQ.	

## Objectives

To what degree did we meet each of these key objectives?

(1=not at all, 10=outstanding for one day)

Objective	Score
The course encouraged self-reflection	
I was encouraged to develop my own approach	
The trainers modeled the behaviors they advocate	
The course helped me think about taking action	
The course encouraged me to look at myself from a new perspective	

## Additional topics

Quality of the course content	
Quality of the workbook	
Effectiveness of the exercises	
I will use what I learned in this course in my personal life	
I will use what I learned in my work	
Overall rating	

## Take Away

What is one of your most important learning from this course?

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Name: \_\_\_\_\_

### Testimonial

Please help us market this course with a testimonial – for example, “The course was outstanding because it’s both practical and inspirational” or “One of the most powerful trainings I’ve ever attended” or “I gained tools and inspiration to practice EQ”

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Name: \_\_\_\_\_ Role/Title: \_\_\_\_\_

Other appreciations, recommendations, and/or ideas to improve the course in the future...

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